



A nine step group for women dealing with the effects of childhood sexual abuse.

## Objectives of Becomers

- Provide a safe and accepting atmosphere
- Provide a healthy group support system
- Encourage members to actively participate with God in the healing of their damaged emotions
- Help group members to recognize and challenge negative thought patterns
- Provide on-going help and support
- Provide support that is adjunct to, not a replacement for, individual professional counseling

### Program Length

20 Weeks

### Day & Time

Tuesdays

6:00 – 8:00 p.m.

Cost: \$60.00 per week

Insurance accepted

### Next Start Date:

Tuesday, July 6<sup>th</sup>

### Registration & Intake required

For more information:

Call Lulu at 763-566-0088



## Christian Recovery Counseling

8441 Wayzata Blvd., Suite 120  
Golden Valley, MN 55426  
[www.christianrecoverycenter.org](http://www.christianrecoverycenter.org)

