



A nine step group for women dealing with the effects of childhood sexual abuse.

Objectives of Becomers

- Provide a safe and accepting atmosphere
- Provide a healthy group support system
- Encourage members to actively participate with God in the healing of their damaged emotions
- Help group members to recognize and challenge negative thought patterns
- Provide on-going help and support
- Provide support that is adjunct to, not a replacement for, individual professional counseling

Program Length

20 Weeks

Day & Time

Day of week TBD

6:00 – 8:00 p.m.

Cost: \$60.00 per week

Insurance accepted

Next Start Date:

Call for more information

Registration & Intake required

For more information:

Call Lulu at 763-566-0088



Christian Recovery Counseling

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